

English Pronunciation Workbook

A practical sound guide with mouth-position tips and contrast practice.

Clear speech practice

Sound	Practice	How to form it
TH	think / this	Tongue lightly between teeth; release air.
R	right / around	Do not tap the roof of the mouth.
L	light / feel	Touch behind upper teeth.
V	very / move	Top teeth touch lower lip; add voice.
W	we / window	Round lips; no tooth-lip contact.
B and P	best / pest	B uses voice; P releases more air.
T and D	ten / den	D uses voice; T does not.
S and Z	sip / zip	Z uses voice; S does not.
SH and CH	ship / chip	CH begins with a brief stop.
short I / long EE	ship / sheep	EE is longer with spread lips.
short E / short A	pen / pan	A opens the mouth wider.
OO sounds	food / book	The sound in food is longer.
Word stress	PREsent / preSENT	One syllable is stronger.
Sentence stress	I NEED the RED one.	Stress important meaning words.

How to practice

Cover one column, answer aloud, then write a sentence that is true for you. Review missed items tomorrow and again one week later.